

## Patricia Ashworth

Director of AdviserPlus Learning Solutions



Pat is a Learning and Development specialist with over 25 years' experience in coaching and developing people in both the public and private sectors. She has an extensive track record in talent management, executive coaching, leadership development, mental health and wellbeing.

She works with senior leaders and managers on a one-to-one and group basis and specialises in helping to develop their leadership skills and to maximise performance. Pat is a business focused senior HR professional with considerable financial services and

business-to-business experience at both strategic and operational levels across retail banking, insurance, legal, sales and service centres, and multi-site operations.

Pat sits on the Government's Professional Advisers Group and has helped to develop and design the new standard for business, Disability Confident. She also sits on the Government's Professional Advisers Group, and is an adviser to the Government on disability and mental health.

Pat joined AdviserPlus in 2007 from Co-operative Financial Services where she held a number of senior roles including Head of Management Development. She is a Chartered Member of the CIPD, a member of the British Psychological Society and a Mental First Aid Instructor, accredited by Mental Health First Aid England.



The British  
Psychological Society



MHFA England

